



Advocacy/Information/Referral

Alzheimer Society of Alberta - Edmonton	488-2266
Canadian Mental Health Association (CMHA)	414-6300
Mental Health Patient Advocate	422-1812
Schizophrenia Society of Alberta - Edmonton	452-4661

Assessment/Testing/Treatment

Capital Health	
<i>Edmonton Mental Health Clinic</i>	427-4444
<i>Regional Children's Mental Health Intake</i>	413-4700
CASA (<i>direct referral up to 4.5 yrs; referral through above number for 4.5-17 yrs</i>)	438-0011
Psychologists' Association of Alberta	
<i>Referral Line Service</i>	428-8255 (TALK)
University of Alberta – Faculty of Education	
<i>Counselling Centre (Sept – May; \$50/yr)</i>	492-3746

Crisis

Alberta Justice & Attorney General	
<i>Mental Apprehension Warrant</i>	427-8343
Capital Health – Mental Health Services	
<i>Adult Crisis Response Team (24 hrs)</i>	482-0222
<i>Children's Mental Health</i>	
<i>Community Response Team (CRT)</i>	413-4733
<i>Children's Mental Health Crisis Line</i>	427-4491
<i>Mental Health Help Line (24 hrs)</i>	1-877-303-2642
<i>University of Alberta Hospital - Psychiatric Treatment Clinic</i>	407-6501
The Support Network – <i>Distress Line (24 hrs)</i>	482-4357

Depression – Educational Groups

Capital Health - <i>Bipolar Education Group</i>	429-7809
(10-week discussion/support group for individuals diagnosed with bipolar disorder & their families)	
Catholic Social Services - <i>Overcoming Depression</i> (18 ⁺ ; 10 wks; \$250; limited subsidies)	420-6081

Employment/Living Skills/Training

Capital Health	
<i>Independent Living Support Program (ILS)</i>	427-4444
Distinctive Employment Counselling	
Services of Alberta (DECSA)	474-2500
EmployAbilities	423-4106
Excel Society (<i>main switchboard</i>)	455-2601 press "0"
House Next Door Society	444-2070
On Site Placement Services Association	488-8122
Prosper Place Clubhouse	426-7861

Housing/Supported Independent Living

Canadian Mental Health Association (CMHA)	
<i>Housing Program</i>	414-6309
Capital Health – <i>Community Care Access</i>	496-1300
(eligibility assessments for programs in various residential settings)	

Immigrant Mental Health Services

Edmonton Mennonite Centre for Newcomers	424-7709
Multicultural Health Brokers Co-op	423-1973

Inner City Mental Health Services

Bissell Centre	423-2285
Boyle McCauley Health Centre	422-7333 x.238
Boyle Street Community Services	424-4106
E4C (<i>mentally-ill, hard-to-house, inner city</i>)	425-7927
Edmonton People In Need Shelter Society	424-6733
Urban Manor (<i>hard to house men; 18⁺; addictions and/or mental illness</i>)	425-5901

Recreation and Social Programs

Canadian Mental Health Association (CMHA)	414-6300
<i>Young Adults Meeting Somewhere (YAMS)</i>	414-6300
Capital Health - <i>Satellite Social Club (Grey Nuns)</i>	735-7576
Prosper Place Clubhouse	426-7861

Suicide Education & Support

Canadian Mental Health Association (CMHA)	
<i>Suicide Prevention Training Programs (ASIST and Tune-up Suicide Intervention)</i>	414-6300
The Support Network	
<i>Caregiver Support Program</i>	482-0198
<i>Distress Line (24 hr crisis line)</i>	482-4357 (HELP)
<i>Suicide Awareness & Bereavement</i>	482-0198

Support Groups

Alberta Caregivers Association	453-5088
CoDependents Anonymous (CoDA)	436-6853
Cornerstone Counselling Centre	
<i>OASIS Family and Friend Support Group</i>	482-6215
Emotions Anonymous (<i>depressed, anxious, etc</i>)	436-2951
Mars Hill Centre – <i>Overcoming Anxiety</i>	435-0202
<i>Christian-based mental health support gps</i>	435-0202
Mood Disorders Society	
(16 – 30; family) edmontonbipolar@hotmail.com	
Obsessive Compulsive Disorder Support Group	456-3393
Schizophrenia Society of Alberta - Edmonton	452-4661

For more information, or if you cannot find the particular service you are looking for:

Within Edmonton dial: 2-1-1 Outside of Edmonton call: 780-482-INFO (4636) www.211edmonton.info

Inclusion of an agency or service on this list does not constitute an endorsement by The Support Network.

Last Updated: April 14, 2008 – please obtain a new copy if more than 6 months old

For copies of this and other resource lists go to www.thesupportnetwork.com and click on "Resource Lists".

The Support Network • Edmonton, Alberta • Phone: (780) 482-0198 • Fax: (780) 488-1495