

Drop off: April 13 @ 7 p.m.

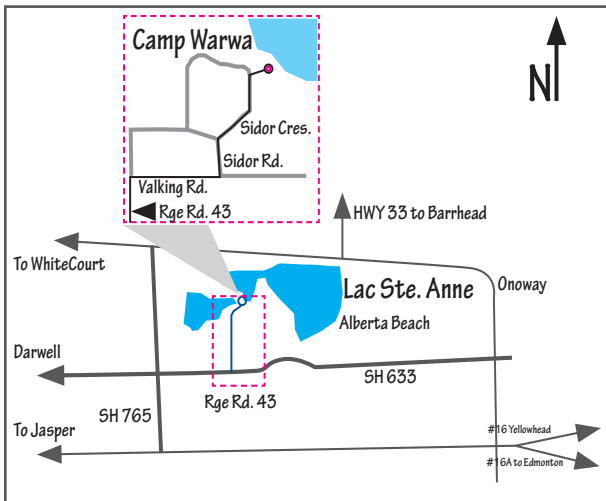
Pick Up: April 15 @ 2 p.m.

Transportation to and from Camp Warwa is not provided by the conference organizer.

Camp Warwa, located 80 KM west of Edmonton, is a place dedicated to improving the lives of children and youth through outdoor experiential programs.



[www.campwarwa.org](http://www.campwarwa.org)



### Refund/Cancellation Policy

You may cancel without penalty if written cancellation requests are received in our office prior to the registration deadline, March 9, 2012. Due to financial obligations incurred by the organizers, no refunds or credits will be issued on cancellation requests received in our office on or after March 9, with the exception of a medical or family emergency with a written note.

Your name can be added to a wait list as cancellations may occur.

## Things to Bring

Sleeping bag  
Pillow  
Clothes  
PJs (pyjamas)  
Toiletries  
Face cloth  
Towels

Indoor shoes  
Winter Gear:  
Snowpants  
Toque & mittens  
Parka  
Boots

**Please note:** Cabin assignments are random and you may not be rooming with those you arrived or registered with. Youth will be encouraged to network and mingle with other youth they may not know.

The 2012 S.A.F.E Youth Conference is organized and presented by the Sturgeon County Youth Council, with generous support from the following sponsors:



For more information, please contact  
Sturgeon County Community Services:  
Phone: 780-939-8334  
Toll Free: 1-866-939-8334  
Fax: 780-939-2893  
Email: [jgray@sturgeoncounty.ab.ca](mailto:jgray@sturgeoncounty.ab.ca)  
Website: [www.sturgeoncounty.ab.ca](http://www.sturgeoncounty.ab.ca)

# SAFE

## Youth Conference

### April 13, 14 & 15, 2012

for Youths 13 years old and up

\$40.00  
per person



## Stand-Up And Feel Empowered

# Registration

Your name can be added to a wait list as cancellations may occur. Refund/Cancellation Policy on reverse, below Camp Warwa map.

**Fee: \$ 40.00/person. Registration closes March 9, 2012.**

Participant Name: \_\_\_\_\_  
(Last) (First)

Address: \_\_\_\_\_  
Municipal Address

City/Town \_\_\_\_\_ Postal Code \_\_\_\_\_ Province \_\_\_\_\_

Age: \_\_\_\_\_ Gender: M F

Parent /Guardian \_\_\_\_\_  
(Last name) (First name)

Parent /Guardian Signature: \_\_\_\_\_

Please note: Discussions are youth driven with professional support. Content may be frank and uncensored.

Phone: \_\_\_\_\_  
(Home) (Cell)

Email: \_\_\_\_\_

Allergies: \_\_\_\_\_

Special Food Requirements: \_\_\_\_\_

Emotional/Medical/ Behavioural Concerns: \_\_\_\_\_

Call Jessica Gray at 780-939-8333 if further discussion is required.

Medications: Y N If yes, a medical form will be emailed to you.

Credit Card No. \_\_\_\_\_ Expiry \_\_\_\_\_

The personal information provided will be used to register you in a Sturgeon County program or activity and is collected under the authority of Section 33(c), the Freedom of Information and Protection of Privacy (FOIP) Act. If you have any questions about the collection and use of this information, please contact the Sturgeon County FOIP Coordinator at 9613 - 100 Street, Morinville, Alberta, T8R 1L9 (780)939-8366.



# Conference Schedule

Friday, April 13  
7:00 p.m. Registration and introductions at camp  
8:00 p.m. Nighttime Discovery (Activity)  
9:00 p.m. Campfire  
10:00 p.m. Cabin time and lights out

Saturday, April 14  
7:45 a.m. Wake-Up  
8:30 a.m. Breakfast  
9:30 a.m. Guest Speaker, Cheryl Bieraugle  
11:00 a.m. Camp Activities  
12:30 p.m. Lunch time  
1:30 p.m. Camp Activities  
5:30 p.m. Supper  
6:30 p.m. Guest Speaker, Katie Kitschke  
7:30 p.m. Survival  
8:30 p.m. Campfire  
10:00 p.m. Cabin time and lights out

Sunday, April 15  
7:45 a.m. Wake-Up  
8:30 a.m. Breakfast  
9:30 a.m. Guest Speaker, Yelena Avoine  
11:00 a.m. Camp Activities  
12:30 p.m. Lunch, Cabin clean and pack-up  
2:00 p.m. Depart Camp Warwa

Camp activities will include Vertical Playground, low ropes, Team All Aboard, Zip Line and Group Challenge as well as night activities. The S.A.F.E Youth Conference welcomes participants ages 13 years and older.

# Stand-Up And Feel Empowered

# Guest Speakers

## Yelena Avoine

What are the risks and benefits youth face with their fearless use of social networking and technology? Discussions cover sharing information, personal security and cyber-bullying in a high-tech environment.

Yelena has earned her degree in Social Work from the University of New Brunswick and is currently the Crime Prevention/Victim Service member at the Morinville R.C.M.P. detachment.

## Cheryl Bieraugle

The SAIF Society - Stop Abuse In Families

What does a healthy relationship look like? Cheryl will focus on the psychological, physical and emotional aspects of youth relationships and the importance of setting clear boundaries in order to make good choices in life. Friendships, dating and types of abuse will be discussed to help youth recognize the potential for violence and promote healthier relationships with peers and family.

Cheryl Bieraugle is the Education Coordinator for The SAIF Society, and has a Bachelor of Arts Degree in Psychology and a Diploma in Professional Counselling.

## Katie Kitschke

How do you see yourself? Katie will discuss how self esteem is influenced by body image, how our body image is affected by media and social influences, and developing a healthy body image amongst these challenges.

Working with SAFFRON, Katie's passion is to educate and create awareness, for all youth in our community, to be safe from sexual violence and exploitation. Katie is a graduate from the Police and Security Program, majoring in Investigations from MacEwan University and is the mother of 5 teenagers - the best education!

Conference Cost:  
\$40.00/person