



## Big Star Baby says *'Thank U'* to Canadian Forces families

**Toronto, Ontario, November 9<sup>th</sup>, 2011** – On 11-11-11 New rock/pop sensation, **Big Star Baby**, releases its debut title single *'Thank U'*. This tribute song gives voice to those of us who don't have the opportunity to personally say "Thank You" to our soldiers.

Visit [www.bigstarbabymusic.com](http://www.bigstarbabymusic.com) to download the hit single *'Thank U'* for \$1.99, that's less than a cup of premium coffee! The net proceeds generated will be donated to charities like the Military Family Resource Centre. Your generosity will help military members and their families by providing a wide range of support services and counseling during difficult times or periods of crisis.

"Our men and women who fight for our sovereignty inspire me everyday" says lead singer of **Big Star Baby**, Nicki Nero. "The goal is to first remember and have a minute of silence out of respect and immediately after, show gratitude with the song *'Thank U'* for putting their lives on-the-line for the freedoms we often take for granted".

The song *'Thank U'* is an open letter to all of those who bravely volunteer for service, perhaps the most selfless act one can do. The idea is, if a lot of people give a little, everybody can make a huge difference.

### **ABOUT NICKI NERO:**

Nicki Nero suffers from Post Traumatic Stress Disorder. He was inspired to write *'Thank U'* to shed light on this often misdiagnosed and unreported affliction.

"I haven't been in a battle zone so I can't relate to that but, I know first-hand what it's like for your brain and body to assault you in ways you couldn't have imagined" says Nero. "One of the goals is to help people suffering from PTSD, which has been a part of armed conflict and identified as early as the American Civil War, though not through the present monachre".

### **ABOUT MFRC-NCR:**

The Military Family Resource Centre of the National Capital Region (MFRC-NCR) is a community-based not-for-profit organization dedicated to providing a wide range of services to Canadian Forces families.

Our programs are designed to meet the needs of CF families and to give them opportunities to enhance their quality of life.

