



CHILD & PARENT PROGRAMS

DECEMBER 2011







Program Director: Doris Jordan
 (613) 998-4844
 capacdirector@yahoo.ca
 www.familyforce.ca

PROGRAM LOCATIONS

MFRC: 330 Croil Pvt
EPPS: Elizabeth Park Public School, 15 DeNiverville Dr
KANATA: OEYC, 2 MacNeil Court

ORLEANS: OEYC, 240 Centrum unit 105
GATINEAU: Maison de la famille 69 Gatineau Ave

MON	TUES	WED	THURS	FRI	SAT
<p>Don't forget to register for the CAPP Christmas party on Friday Dec 16</p> 		<p>PROGRAMS SUPPORTED BY</p> 	<p>1</p> <p>*CHILDREN'S CORNER-MORNING (MFRC) 9-12 Call (613) 998-4888 to register *CHILDREN'S CORNER-EVENING (MFRC) 4-9pm Call (613) 998-4888 to register. JEUDI PLEIN DE SOLEIL (EPPS) 9-11</p>	<p>2</p> <p>STAY & PLAY DROP -IN (EPPS) 9-11 *FRIDAY FUN DAYS (respite) (GATINEAU) 9-12pm Call (613) 371-0554 to register</p>	<p>3</p> <p>KANATA MILITARY PLAYGROUP (KANATA) 9-11 UPLANDS FAMILY PLAYGROUP (MFRC) 10-12 *SATURDAY TIME AWAY-UPLANDS (MFRC) 1-9PM Register at 613 998-4888 *SATURDAY TIME AWAY GATINEAU (GATINEAU) 4-9PM Register at 613 998-4888</p>
<p>5</p> <p>*LEARNING TOGETHER (MFRC) 9-11 TOPIC: TO BE DETERMINED Register at capacdirector@yahoo.ca</p>	<p>6</p> <p>CAFE FRANCAIS (MFRC) 9:30-11:30 STAY & PLAY DROP-IN (EPPS) 9-11 KOOL KIDS (EPPS) 5:30 - 7PM</p>	<p>7</p> <p>COFFEE BREAK (MFRC) 9-11AM ORLEANS MILITARY PLAYGROUP (ORLEANS) 9-11 MEET & GREET (GATINEAU) 1-3:30PM MOM & BABY PLAYGROUP (EPPS) 12:30-2PM</p>	<p>8</p> <p>*CHILDREN'S CORNER-MORNING (MFRC) 9-12 Call (613) 998-4888 to register *CHILDREN'S CORNER-EVENING (MFRC) 4-9pm Call (613) 998-4888 to register. JEUDI PLEIN DE SOLEIL (EPPS) 9-11</p>	<p>9</p> <p>STAY & PLAY DROP -IN (EPPS) 9-11</p>	<p>10</p> <p>KANATA MILITARY PLAYGROUP (KANATA) 9-11 UPLANDS FAMILY PLAYGROUP (MFRC) 10-12 *SATURDAY TIME AWAY-ORLEANS (ORLEANS) 1-9PM Register at 613 998-4888</p>
<p>12</p> <p>*LEARNING TOGETHER (MFRC) 9-11 TOPIC: HEALTHY SNACKS Register at capacdirector@yahoo.ca</p>	<p>13</p> <p>CAFE FRANCAIS (MFRC) 9:30-11:30 STAY & PLAY DROP-IN (EPPS) 9-11 KOOL KIDS (EPPS) 5:30 - 7PM</p>	<p>14</p> <p>COFFEE BREAK (MFRC) 9-11AM ORLEANS MILITARY PLAYGROUP (ORLEANS) 9-11 MOM & BABY PLAYGROUP (EPPS) 12:30-2PM</p>	<p>15</p> <p>*CHILDREN'S CORNER-MORNING (MFRC) 9-12 Call (613) 998-4888 to register *CHILDREN'S CORNER-EVENING (MFRC) 4-9pm Call (613) 998-4888 to register. JEUDI PLEIN DE SOLEIL (EPPS) 9-11</p>	<p> 16</p> <p>*CAPP & HCC CHRISTMAS PARTY (MFRC) 9:45am - 11:15am Register at capacdirector@yahoo.ca</p>	<p>17</p> <p>KANATA PLAYGROUP (KANATA) 9-11 UPLANDS PLAYGROUP (MFRC) 10-12 *SATURDAY TIME AWAY-UPLANDS (MFRC) 1-9PM Register at 613 998-4888 *SATURDAY TIME AWAY-ORLEANS (ORLEANS) 1-6PM Register at 613 998-4888</p>
<p>19</p> <p>*LEARNING TOGETHER (MFRC) 9-11 TOPIC: COOKIE EXCHANGE Register at capacdirector@yahoo.ca</p>	<p>20</p> <p>CAFE FRANCAIS (MFRC) 9:30-11:30 STAY & PLAY DROP-IN (EPPS) 9-11 KOOL KIDS (EPPS) 5:30 - 7PM</p> <p>DEADLINE FOR REGISTRATION FOR DEC 29 RESPITE CARE</p>	<p>21</p> <p>COFFEE BREAK (MFRC) 9-11AM ORLEANS MILITARY PLAYGROUP (ORLEANS) 9-11 MOM & BABY PLAYGROUP (EPPS) 12:30-2PM</p>	<p>22</p> <p>*CHILDREN'S CORNER-MORNING (MFRC) 9-12 Call 998-4888 to register *CHILDREN'S CORNER-EVENING (MFRC) 4-9pm Call 998-4888 to register. JEUDI PLEIN DE SOLEIL (EPPS) 9-11</p>	<p>23</p> <p>STAY & PLAY DROP -IN (EPPS) 9-11</p>	<p>24</p> <p>CLOSED</p> 
<p>26</p> <p>CLOSED</p>	<p>27</p> <p>CLOSED</p>	<p>28</p> <p>CLOSED</p>	<p>29</p> <p>** You must register by Dec 20 **</p> <p>*CHILDREN'S CORNER-MORNING (MFRC) 9-12 Call 998-4888 to register *CHILDREN'S CORNER-EVENING (MFRC) 4-9pm Call 998-4888 to register.</p>	<p>30</p> <p>CLOSED</p>	<p>31</p> <p>CLOSED</p> 