

# TORONTO AREA GUIDE

An information guide to military life at the  
Area Support Unit Toronto



# TORONTO MILITARY FAMILY RESOURCE CENTRE

## Vision

Confident, capable and resilient families in a supportive Canadian Forces community.

## Mission

To promote and facilitate community-based family services that strengthen Canadian Forces families and communities.

## Values

- Acknowledges the unique nature of family and community life within the CF;
- Respects the inherent strengths of CF families; and
- Embraces inclusion, diversity and community participants.

(DMFS, 2004)

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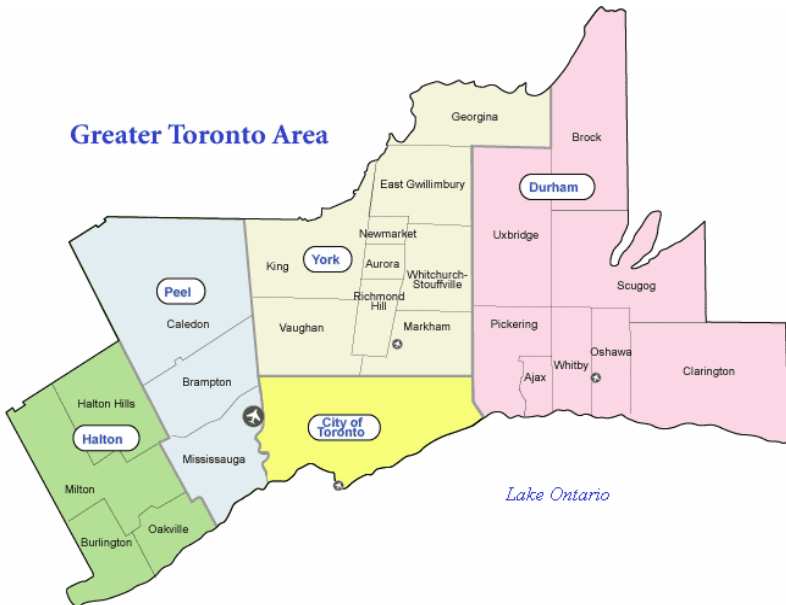
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## WELCOME TO TORONTO, ONTARIO!

One third of all Canadians live in Ontario. Its geography is as diverse as its people, with rocky, mineral-rich land on the Canadian Shield, fertile farmlands in the south, and grassy lowlands in the north. There are over 250,000 lakes, comprising one third of the world's fresh water. The main industries are agricultural, mining, automotive manufacturing, software and technology.

Ontario's capital is Toronto. It is home to the famous CN Tower (the tallest free-standing structure in the world), Yonge Street (the longest street in the world), and much more! Over five million people live in the Greater Toronto Area, representing nearly all of the world's cultures and over 100 languages and dialects. You will be happy to call this vibrant city home for however long you stay!



## MAKING YOUR MOVE EASIER!

For helpful advice, visit “Your Total Move Planner” from the Directorate Quality of Life, National Defense, at [www.forces.gc.ca/hr/QOL/engraph/move\\_plan\\_e.asp](http://www.forces.gc.ca/hr/QOL/engraph/move_plan_e.asp).

### TRAVELLER’S INFORMATION

The **Official Road Map of Ontario** is available at [www.mto.gov.on.ca/english/traveller/map](http://www.mto.gov.on.ca/english/traveller/map). For complimentary copies, visit a Provincial Information Centre (20 Dundas West, Toronto) or contact the Ministry of Tourism, Culture and Recreation at [www.tourism.gov.on.ca](http://www.tourism.gov.on.ca) or 1-800-ONTARIO / TTY 1-888-908-8825. Hours: Mon-Fri 8am-8pm, Sat-Sun 9am-6pm.

For more traveller’s information, including **winter road conditions**, visit [www.mto.gov.on.ca](http://www.mto.gov.on.ca). For local **weather conditions**, visit [www.theweathernetwork.ca](http://www.theweathernetwork.ca) or contact your cable/satellite provider for channel information.

### HOUSING INFORMATION

#### **Canadian Forces Housing Association**

The Canadian Forces Housing Association is responsible for providing military family housing units. In Toronto, there are 211 units located at William Baker and Stanley Greene parks; in Oakville, there are 75 units available at Surrey Park.

For more information, contact the **Housing Management Office**, 2 John Drury Drive, North York, at [www.cfha-alfc.forces.gc.ca](http://www.cfha-alfc.forces.gc.ca) or call 416-633-6200 ext. 3978. Hours: Mon-Fri 8am-4pm.

**Please note:** Before you can take possession of a PMQ, you must have house and fire insurance.

#### **Royale LePage Relocation Services**

For **non-military housing**, contact Royal LePage Relocation Services at [www.irp-pri.com](http://www.irp-pri.com). Area-specific contact and office information is available online.

## RECREATION VEHICLE STORAGE

RV parking is available. For information, contact **Toronto Garrison Recreation Council and Recreation Vehicle Parking Compound** at 416-633-6200, ext. 3788.

## GOVERNMENT INFORMATION SERVICES

### **Government of Canada Information Service**

For information on any Government of Canada service, visit [www.servicecanada.gc.ca](http://www.servicecanada.gc.ca) or phone 1 800 O-CANADA / TTY 1-800-926-9105.

### **Government of Ontario Information Service**

For information on any Government of Ontario service, visit [www.gov.on.ca](http://www.gov.on.ca) or call 1-800-267-8097 / TTY 1-800-268-7095.

### **City of Toronto Information Service**

For information on any municipal service in Toronto, visit [www.toronto.ca](http://www.toronto.ca) or call 416-338-0338 / TTY 416-338-0889.

### **City of Toronto Community Information Service**

Community Information Toronto provides a free, multilingual information and referral service, 24 hours a day, 7 days a week.

For information on community, social, health and government services, visit [www.211Toronto.ca](http://www.211Toronto.ca) or call 211 /

TTY 416-392-3778.

## CHANGING YOUR ADDRESS FOR YOUR TAX RETURN

You must notify **Canada Revenue Agency** of your new address **as soon as possible** to avoid disruption of any benefit payments, including GST/HST credit, Universal Child Care Benefit, and Canada Child Tax Benefit. If you use the direct deposit service and you open a new account, you must also inform CRA of the new account.

You can make changes online, by phone or by mail. For information or to submit changes, visit [www.cra-arc.gc.ca](http://www.cra-arc.gc.ca) or call 1-800-959-8281. Hours: Mon-Fri 8:15am-10pm, mid Feb-Apr. For other information, call the automated service at

1-800-267-6999 / TTY 1-800-665-0354, 24 hours a day, 7 days a week.

## **FORWARDING YOUR MAIL**

Contact **Canada Post** to change your address at [www.canadapost.ca](http://www.canadapost.ca) or call 1-866-607-6301 / TTY 1-800-267-2797. Hours: Mon-Fri 8am-6pm.

## **EMERGENCY SERVICES**

**Call 911 for all police, fire and medical emergencies. Service is available in any language. Do not hang up until the call taker instructs you to do so.**

## **POLICE**

Toronto Police Services prevents crime and works with communities and neighbourhoods to keep Toronto one of the safest cities in North America. For non-emergency inquiries, visit [www.torontopolice.on.ca](http://www.torontopolice.on.ca) or call 416-808-2222 / TTY 416-467-0493.

## **AMBULANCE**

Emergency Medical Services (EMS) provides ambulance services 24 hours a day, 7 days a week, in Toronto. For non-emergency inquiries, visit [www.toronto.ca/ems](http://www.toronto.ca/ems) or call 416-392-2000.

## **FIRE**

Toronto Fire Services protects people, property and the environment from the effects of fires, accidents, natural disasters and other hazards. For non-emergency inquiries, visit [www.toronto.ca/fire](http://www.toronto.ca/fire) or call 416-338-9050.

## **ONTARIO HEALTH INSURANCE PLAN**

To apply for an **OHIP card**, you must have **3 distinct, original documents** that prove **(1)** your citizenship/immigration status; **(2)** your name and Ontario residential address; and **(3)** your legal name and signature. Bring these to an OHIP office or

Outreach site. For information on acceptable documents and to find the office nearest you, visit [www.health.gov.on.ca](http://www.health.gov.on.ca) or call 1-800-664-8988 (Ontario only) / TTY 1-800-387-5559. Hours: Mon-Fri 8:30am-5pm. There is a 3-month waiting period for coverage to begin.

**Please note:** Children over 15½ years must apply in person with their 3 original documents.

## **FINDING A DOCTOR**

The College of Physicians and Surgeons of Ontario operates **Doctor Search** to help find a physician. You can search by name, location, qualifications, working language(s), and whether they are accepting new patients. Visit [www.cpsso.on.ca](http://www.cpsso.on.ca). For general inquiries, call 416-967-2603 (within Toronto) or 1-800-268-7096 ext. 306 (outside Toronto). You can also look in the Yellow Pages under “Doctors.”

## **TELEHEALTH ONTARIO**

To get free confidential health advice or general health information from a Registered Nurse 24 hours a day, 7 days a week, call 1-866-797-0000 / TTY 1-866-797-0007.

**Please note:** A call to Telehealth Ontario does not replace 911. **Always dial 911 in an emergency.**

## **HOSPITALS & OTHER HEALTH-CARE FACILITIES**

To find a **hospital**, visit [www.oha.com](http://www.oha.com), look in the Yellow Pages under “Hospital,” or call 211 / TTY 416-392-3778. You can also visit [www.toronto.ca/quality\\_of\\_life/healthcare.htm](http://www.toronto.ca/quality_of_life/healthcare.htm) for more information on Toronto hospitals and health-related links.

Ontario also has **walk-in and after-hours medical clinics**. If your medical emergency is not severe, clinics are an alternative to the emergency room. No appointment is necessary; however, you can phone ahead to make an appointment. Look in the Yellow Pages under “Clinics Medical.”

For health-related information and services, Ontario has community health centres and public health units. **Community**

**health centres** are non-profit organizations that provide free culturally-sensitive primary health and health promotion programs for individuals, families and communities in different languages. For a list of centres, visit

[www.settlement.org/sys/link\\_redirect.asp?doc\\_id=1001129](http://www.settlement.org/sys/link_redirect.asp?doc_id=1001129).

**Public health units** are municipal health agencies that provide community health promotion and disease prevention programs. For a list of units, visit

[www.health.gov.on.ca/english/public/contact/phu/phuloc\\_dt.html](http://www.health.gov.on.ca/english/public/contact/phu/phuloc_dt.html).

## **FINDING A DENTIST**

The Ontario Dental Association provides a directory of its members to help find a dentist. You can search by name, location, and speciality. The search results are random and results will vary each time. Visit [www.dental.oda.on.ca](http://www.dental.oda.on.ca) or call 416-922-3900. You can also look in the Yellow Pages under “Dentists.”

## **FINDING AN OPTOMETRIST**

The College of Optometrists of Ontario provides a directory of its members to help find an optometrist. You can search by name, location, and working language(s). Visit [www.collegeoptom.on.ca](http://www.collegeoptom.on.ca). You can also look in the Yellow Pages under “Optometrists.”

## **FINDING A VETERINARIAN**

Contact the College of Veterinarians of Ontario for help finding a veterinarian. Visit [www.cvo.org](http://www.cvo.org) or call 1-800-424-2856 (within Ontario) or 519-824-5600 (outside Ontario).

**Please note:** All cats and dogs owned in Toronto **must be licensed and wearing a tag**. To license your pet, visit [www.toronto.ca/animal\\_services/licensing.htm](http://www.toronto.ca/animal_services/licensing.htm) or call 416-338-PETS. Hours: Mon-Fri 8:30am-4:30pm.

## **OBTAINING AN ONTARIO DRIVER'S LICENSE**

To **exchange an out-of-province driver's license**, you must have one or more pieces of acceptable original identification that prove your legal name, date of birth and signature. You cannot use your driver's license. Bring these to a Drive Test office. You will then have to complete an application, surrender your out-of-province driver's license, pass a vision test, and pay the fee before an Ontario license is issued. For information on fees and to find the office nearest you, visit [www.drivetest.ca](http://www.drivetest.ca) or call 1-800-387-3445.

## **LICENSING A VEHICLE**

To license a **vehicle registered out of province**, you must complete an application, available at Driver and Vehicle License Issuing offices. You will need **(1)** the original copy of the vehicle registration permit in your name (if not in your name, a descriptive signed bill of sale); **(2)** Safety Standards Certificate; **(3)** Drive Clean Certificate (if applicable); **(4)** proof of automobile insurance (compulsory in Ontario); **(5)** odometer information; **(6)** Provincial Retail Sales Tax (if applicable); **(7)** fee payment; and **(8)** proof of identity.

For information on MTO-certified garages to obtain a Safety Standards Certificate and whether you need a Drive Clean Certificate, call 1-888-758-2999.

For information on fees and taxes and to find the office nearest you, visit [www.mto.gov.on.ca](http://www.mto.gov.on.ca) or call 416-235-2999 (within Toronto) or 1-800-387-3445 (outside Toronto)

## **REGISTRY SERVICES**

For information on registry services such as **birth registration and travel letters, marriage licenses, assessment rolls, and liquor license clearance**, and to find the Registry Services office nearest you, visit [www.toronto.ca/registry-services](http://www.toronto.ca/registry-services) or call 416-392-7036. Hours: Mon-Fri 8:30am-4:15pm.

## TORONTO HYDRO

To set up an account with Toronto Hydro, call 416-542-8000. Hours: Mon-Fri 8:30am-4:30pm. For information, visit [www.torontohydro.com](http://www.torontohydro.com).

**Please note:** A deposit may be required (amount depends on housing location). To avoid the deposit, your previous hydro or gas provider must submit a credit reference letter on your behalf **OR** you must authorize direct withdrawal for the first year. Any deposit plus interest will be applied to your bill after one year.

## TORONTO WATER

To set up an account with Toronto Water, call 416-338-4829. Hours: Mon-Fri 8:30am-4:30pm. For information, including incentive programs to help save you water and money, visit [www.toronto.ca/water](http://www.toronto.ca/water). No deposit is required.

Call **416-338-8888 in case of emergency**, including water main breaks, basement or sewer flooding, problems with water pressure or volume, discoloured tap water, leaking or broken water meters, or leaking fire hydrants.

## GARBAGE & RECYCLING INFORMATION

To obtain the calendar for your area and for information on garbage, recycling and the green bin program in Toronto, visit [www.toronto.ca/garbage](http://www.toronto.ca/garbage) or call 416-338-2010 / TTY 416-397-0831.

## NATURAL GAS PROVIDERS

The Ontario government has deregulated the natural gas system in Ontario. You may choose to purchase natural gas from an independent gas marketer or a utility company in your municipality. For information, visit [www.energy.gov.on.ca](http://www.energy.gov.on.ca).

## LOCAL TELEPHONE SERVICES

Bell ([www.bell.ca](http://www.bell.ca) or 310-BELL) and Rogers ([www.rogers.com](http://www.rogers.com) or 1-888-ROGERS1) are two major telecommunications

providers. However, there are other companies that offer a variety of rates and specials.

**Please note: 10-digit dialling** applies to local calls in the GTA, i.e. you must include the area code. The four area codes are 416, 647, 905 and 289.

## **INTERNET ACCESS**

Free Internet access is available at the Toronto Military Family Resource Centre and all Toronto public libraries. To find the library nearest you, visit [www.torontopubliclibrary.ca](http://www.torontopubliclibrary.ca) or call 416-393-7131 / TTY 416-393-7030.

## **NATIONAL & LOCAL NEWSPAPERS**

- **The Globe and Mail** is available online at [www.theglobeandmail.com](http://www.theglobeandmail.com). Subscriptions can be ordered online or call 416-585-5000.
- **National Post** is available online at [www.nationalpost.com](http://www.nationalpost.com). Subscriptions can be ordered online or call 416-383-2500.
- **The Toronto Star** is available online at [www.thestar.com](http://www.thestar.com). Subscriptions can be ordered online or call 416-367-4500.
- **Toronto Sun** is available online at [www.torontosun.com](http://www.torontosun.com). Subscriptions can be ordered online or call 416-947-2111.

## **TORONTO PUBLIC LIBRARY**

To find the library nearest you, visit [www.tpl.toronto.on.ca](http://www.tpl.toronto.on.ca) or call 416-393-7131 / TTY 416-393-7030.

To get a library card, you must have 2 pieces of official identification showing your name and address.

## **CITY OF TORONTO'S DINESAFE PROGRAM**

All Toronto restaurants are inspected 1, 2 or 3 times a year by a Public Health Inspector and must post the DineSafe Certificate awarded in a highly visible location. A green "PASS" is given if they meet all requirements. A yellow "CONDITIONAL PASS" is given if they have a significant infraction (not necessarily unsafe), and they have 48 hours to rectify the situation. A red "CLOSED" is given if they have a crucial

infraction, meaning they are unsafe. For information, visit [www.toronto.ca/food2/index.jsp](http://www.toronto.ca/food2/index.jsp) or call 416-338-FOOD. Hours: Mon-Fri 8:30am-4:30pm.

## **CITY OF TORONTO'S ENVIRONMENTAL INITIATIVES**

For information on environmentally friendly initiatives undertaken by the City of Toronto, visit [www.toronto.ca/environment](http://www.toronto.ca/environment). You can also download the Green Guide, which summarizes the environmental projects, programs and policies, or call the Environmental Services at 416-392-2984.

## **FINDING RELIGIOUS SERVICES**

For information on religious services, call 211 / TTY 416-392-3778. You can also look in the Yellow Pages under "Religion," "Religious Organizations," "Churches," "Mosques," etc.

## **CHOOSING THE RIGHT CHILD CARE & EDUCATION!**

### **CHILD CARE INFORMATION**

Affordable child care is available at the Toronto Military Family Resource Centre. The City of Toronto has child care information at [www.toronto.ca/children/childcare.htm](http://www.toronto.ca/children/childcare.htm) and you can check availability throughout the city by clicking on vacancies.

For more information, contact the Toronto Military Family Resource Centre; Ontario Early Years Centres ([www.ontarioearlyyears.ca](http://www.ontarioearlyyears.ca) or 1-866-821-7770 / TTY 1-800-387-5559); or the Ministry of Children and Youth Services ([www.children.gov.on.ca](http://www.children.gov.on.ca) or 1-888-789-4199 / TTY 1-800-687-5559). You can also call 211 / TTY 416-392-3778 or look in the Yellow Pages under “Child Care.”

### **CHILDREN WITH SPECIAL NEEDS**

For information on services for children with special needs in Toronto, contact Children Services at [www.toronto.ca/children](http://www.toronto.ca/children) or 416-392-KIDS;

For information on resources in Ontario, contact the Learning Disabilities Association of Ontario at [www.ldao.ca](http://www.ldao.ca) or 416-929-4311; or the Learning Disabilities Association of Ontario, Toronto District, at [www.ldatd.on.ca](http://www.ldatd.on.ca) or 416-229-1680. Hours for both: Mon-Fri 9:30am-4:30pm.

You can also contact your individual school board.

### **ELEMENTARY & SECONDARY SCHOOL INFORMATION**

For information on the publicly funded school boards in the GTA, visit [www.toronto.ca/family/links.htm#schools](http://www.toronto.ca/family/links.htm#schools), or visit the board’s site to find the school nearest you.

English-language and French immersion in the GTA (except Halton):

- **Toronto District School Board:** [www.tdsb.on.ca](http://www.tdsb.on.ca) or 416-397-3000

- **Toronto Catholic District School Board:** [www.tcdsb.org](http://www.tcdsb.org) or 416-222-8282

English-language and French immersion in Burlington, Halton Hills, Milton and Oakville:

- **Halton District School Board:** [www.haltondsb.on.ca](http://www.haltondsb.on.ca) or 905-878-8451 (within Halton Hills) or 905-842-3014 (within Toronto)
- **Halton Catholic District School Board:** [www.haltonrc.edu.on.ca](http://www.haltonrc.edu.on.ca) or 1-800-741-8382

French-language in the GTA:

- **Conseil scolaire de district catholique Centre-Sud:** [www.csdccs.edu.on.ca](http://www.csdccs.edu.on.ca) or 1-800-274-3764
- **Conseil scolaire de district du Centre-Sud-Ouest:** [www.csdco.on.ca](http://www.csdco.on.ca) or 1-888-538-1702

## COLLEGE & UNIVERSITY INFORMATION

- Centennial College: [www.centennialcollege.ca](http://www.centennialcollege.ca)
- Durham College of Applied Arts and Technology: [www.durhamcollege.ca](http://www.durhamcollege.ca)
- George Brown College of Applied Arts and Technology: [www.georgebrown.ca](http://www.georgebrown.ca)
- Georgian College of Applied Arts and Technology: [www.georgianc.on.ca](http://www.georgianc.on.ca)
- Humber College Institute of Technology and Advanced Learning: [www.humber.ca](http://www.humber.ca)
- McMaster University: [www.mcmaster.ca](http://www.mcmaster.ca)
- Mohawk College of Applied Arts and Technology: [www.mohawkcollege.ca](http://www.mohawkcollege.ca)
- Ontario College of Art & Design: [www.ocad.ca](http://www.ocad.ca)
- Ryerson University: [www.ryerson.ca](http://www.ryerson.ca)
- Seneca College of Applied Arts and Technology: [www.senecac.on.ca](http://www.senecac.on.ca)
- Sheridan College Institute of Technology and Advanced Learning: [www.sheridanc.on.ca](http://www.sheridanc.on.ca)
- University of Ontario Institute of Technology: [www.uoit.ca](http://www.uoit.ca)
- University of Toronto: [www.utoronto.ca](http://www.utoronto.ca)
- York University: [www.yorku.ca](http://www.yorku.ca)

## GETTING AROUND THE GTA!

### PARKING IN THE CITY OF TORONTO

In the City of Toronto, there is a **3-hour limit** on public roads where no other parking regulations are posted. Signs advising visitors to the city of this regulation are posted at the access points to the city and when exiting from a provincial highway.

For information on parking regulations; resident, temporary, visitor and disabled parking permits; and paying parking tickets, visit [www.toronto.ca/transportation/parking](http://www.toronto.ca/transportation/parking).

For parking and permit inquiries, call your local office.

Hours: Mon-Fri 8:30am-4:30pm.

- Toronto: 416-392-7873
- East York: 416-397-4480
- York: 416-394-2646
- Etobicoke: 416-394-8419

### GTA TRANSIT SYSTEM ROUTE, SCHEDULE & SERVICE INFORMATION

#### **Toronto Transit Commission**

Serving Toronto, Markham, Richmond Hill and Vaughan.

[www.ttc.ca](http://www.ttc.ca) or 416-393-INFO / TTY 416-481-2523 or look in the Yellow Pages.

#### **VIVA: York Region Transit**

Serving Markham, Richmond Hill and Vaughan.

[www.yorkregiontransit.com](http://www.yorkregiontransit.com) or 1-800-MOVE YRT

#### **Durham Region Transit**

Serving Pickering, Ajax, Whitby, Oshawa, Clarington, Brock, Scugog and Uxbridge.

[www.durhamregiontransit.com](http://www.durhamregiontransit.com) or 1-866-247-0055

#### **Brampton Transit**

Serving Mississauga, Brampton, Toronto and Vaughan.

[www.brampton.ca/transit](http://www.brampton.ca/transit) or 905-874-2999

**Mississauga Transit**

Serving Mississauga, Brampton, Toronto and Oakville.  
[www.mississauga.ca/portal/residents/publictransit](http://www.mississauga.ca/portal/residents/publictransit) or  
905-615-4636

**Oakville Transit**

Serving Oakville and Mississauga.  
[www.oakvilletransit.com](http://www.oakvilletransit.com) or 905-815-2020

**GO Transit**

Inter-regional bus and train transit.  
[www.gotransit.com](http://www.gotransit.com) or 1-888-GET ON GO /  
TTY 1-800-387-3652

**CYCLING INFORMATION**

For information on cycling in Toronto, including maps, news, programs, clubs, policies and parking, visit  
[www.toronto.ca/cycling](http://www.toronto.ca/cycling).

## SHOPPING IN THE GTA!

### POPULAR SHOPPING MALLS

For public transit directions, please contact the appropriate transit service.

- **Dixie Outlet Mall:** Features over 140 stores with brand-name merchandise often at 30-70% off regular retail price. Located at 1250 South Service Road, Mississauga (Dixie Road & QEW). [www.dixieoutletmall.com](http://www.dixieoutletmall.com)
- **Pacific Mall:** Asian community's largest shopping destination, featuring market style atmosphere with live performances. Located at 4300 Steeles Avenue East, Toronto (northeast corner of Steeles & Kennedy roads). [www.pacificmalltoronto.com](http://www.pacificmalltoronto.com)
- **Queens Quay Terminal:** Features 30 specialty shops with a Canadian flair. Located at 207 Queens Quay East, Toronto (bottom of York Street). [www.queensquay.sites.toronto.com](http://www.queensquay.sites.toronto.com)
- **Sherway Gardens:** Features a wide variety of stores in a beautiful setting. Located at 25 The West Mall (Queensway & hwy 427). [www.sherwaygardens.ca](http://www.sherwaygardens.ca)
- **Square One:** Ontario's largest mall with more than 360 stores and services. Located at 100 City Centre Drive, Mississauga (hwy 403 & hwy 10). [www.shopsquareone.com](http://www.shopsquareone.com)
- **Toronto Eaton Centre:** In the heart of downtown, features over 285 shops, restaurants and services in a multi-level glass galleria. Located at 220 Yonge Street, Toronto (corner of Yonge & Dundas streets). [www.torontoeatoncentre.com](http://www.torontoeatoncentre.com)
- **Vaughan Mills:** Combination of manufacturer's outlets, brand-name retailers, and family activities. Located at 1 Bass Pro Mills Drive, Vaughan (just off hwy 400, north of hwy 407). [www.vaughanmills.com](http://www.vaughanmills.com)
- **Woodbine Centre:** Features over 160 stores and services and Ontario's largest indoor amusement park. Located at 500 Rexdale Blvd, Toronto (northwest corner of hwy 27 & Rexdale Blvd). [www.woodbinecentre.ca](http://www.woodbinecentre.ca)
- **Yorkdale:** Recently expanded, features over 240 stores and services in a more upscale atmosphere. Located at 3401 Dufferin Street, Toronto (Dufferin & hwy 401). [www.yorkdale.com](http://www.yorkdale.com)

## POPULAR GROCERY STORES

For the location nearest you, visit the website or call. For public transit directions, please contact the appropriate transit service.

- **A&P/Dominion:** [www.freshobsessed.com](http://www.freshobsessed.com) or 1-877-76 FRESH
- **Food Basics:** [www.foodbasics.com](http://www.foodbasics.com) or 1-866-9 BASICS
- **Grocery Gateway:** Virtual grocery store, open 24 hours, 7 days a week. Groceries are delivered at specified time to most neighbourhoods in the GTA.  
[www.grocerygateway.com](http://www.grocerygateway.com) or 1-877-447-8778
- **Fortinos:** [www.fortinos.ca](http://www.fortinos.ca) or 1-800-565-9690
- **Highland Farms:** [www.highlandfarms.ca](http://www.highlandfarms.ca)
- **Loblaws:** [www.loblaws.ca](http://www.loblaws.ca) or 1-800-296-2332
- **No Frills:** [www.shopnofrills.ca](http://www.shopnofrills.ca) or 1-866-98 SMILE
- **Sobeys:** [www.sobeys.ca](http://www.sobeys.ca)
- **The Real Canadian Superstore:** [www.superstore.ca](http://www.superstore.ca) or 1-866-596-7277

## POPULAR DEPARTMENT & WHOLESALE STORES

For the location nearest you, visit the website or call. For public transit directions, please contact the appropriate transit service.

- **Best Buy:** [www.bestbuy.ca](http://www.bestbuy.ca) or 1-866-BEST BUY
- **Canadian Tire:** [www.canadiantire.ca](http://www.canadiantire.ca) or 1-800-387-8803
- **Costco:** [www.costco.ca](http://www.costco.ca) or 1-888-426-7826
- **Future Shop:** [www.futureshop.ca](http://www.futureshop.ca) or 1-800-663-2275
- **Home Depot:** [www.homedepot.ca](http://www.homedepot.ca) or 1-800-628-0525
- **Ikea:** [www.ikea.com](http://www.ikea.com) or 1-866-866-IKEA
- **Rona:** [www.rona.ca](http://www.rona.ca) or 1-866-283-2239
- **Sam's Club:** [www.samsclubcanada.ca](http://www.samsclubcanada.ca)
- **Sears:** [www.sears.ca](http://www.sears.ca) or 1-888-473-2772
- **The Bay:** [www.hbc.com/bay](http://www.hbc.com/bay) or 1-800-521-2364
- **Walmart:** [www.walmart.ca](http://www.walmart.ca) or 1-800-328-0402
- **Zellers:** [www.hbc.com/zellers](http://www.hbc.com/zellers) or 1-888-226-2225

## HAVING FUN!

### ONTARIO TOURISM

For information on attractions within Ontario, visit the Ontario Ministry of Tourism at [www.ontariotravel.net](http://www.ontariotravel.net) or [www.tourism.gov.on.ca](http://www.tourism.gov.on.ca) or call 1-800-ONTARIO / TTY 1-888-908-8825. Hours: Mon-Fri 8am-8pm, Sat-Sun 9am-6pm. You can also read the Ontario Travel and Tourism Guide at [www.ontariotourism.com](http://www.ontariotourism.com) or the Ontario Summer Fun Guide at [www.summerfunguide.ca](http://www.summerfunguide.ca).

### HUNTING/FISHING OUTDOORS CARD

To hunt as a **resident in Ontario**, you must have lived in Ontario for at least six months and possess the Hunting/Fishing Outdoors Card. To apply, you must have an original Ontario resident's license to hunt; **OR** an original Ontario Hunting License Examination Certificate/Report; **OR** an Ontario Hunting License Verification Certificate.

To hunt as a **non-resident in Ontario**, you must obtain a non-resident Hunting/Fishing Outdoors Card, valid until Dec 31 of the issuing year. To obtain a non-resident card, you must take the Ontario Hunter Education Course and pass the exam. If you possess a license from other province, you can be exempted from the course.

For information, visit [www.outdoorscard.mnr.gov.on.ca](http://www.outdoorscard.mnr.gov.on.ca) or call the Outdoors Card Centre at 1-800-387-7011.

### BOATING CARD

To operate a pleasure craft equipped with a motor in Canada, you require a Pleasure Craft Operator Card. To obtain the card, you must pass an accredited test. For information and to find the accredited course provider nearest you, visit [www.tc.gc.ca/BoatingSafety](http://www.tc.gc.ca/BoatingSafety).

## **TORONTO ATTRACTIONS & EVENTS**

For information on special events, including arts, environment, community, parades, public meetings and sports, visit [www.toronto.ca/attractions](http://www.toronto.ca/attractions).

For information on attractions, including the St. Lawrence Market, Ontario Place, CN Tower and Paramount Canada's Wonderland, visit [www.toronto.ca/attractions/attraction\\_highlights.htm](http://www.toronto.ca/attractions/attraction_highlights.htm).

You can also visit Toronto Tourism at [www.torontotourism.com](http://www.torontotourism.com) or call 1-800-499-2514. Hours: Mon-Fri 8:30am-6pm.

## **TORONTO CULTURAL ACTIVITIES**

For information on cultural events, classes and exhibits, visit the City of Toronto at [www.toronto.ca/culture](http://www.toronto.ca/culture) or TO Live With Culture at [www.livewithculture.ca](http://www.livewithculture.ca). You can also call 211 / TTY 416-392-3778.

To get a taste of culture, participate in Toronto's Summerlicious (Jul) and Winterlicious (Jan)! Top restaurants featuring diverse cuisines offer delicious prix fixe menus. Visit [www.toronto.ca/special\\_events](http://www.toronto.ca/special_events) for more information on this and other special events.

## **TORONTO PARKS & RECREATION**

For information on Toronto's parks, including camping, community centres, discovery walks, skating rinks, skiing, swimming and trail maps, visit [www.toronto.ca/parks](http://www.toronto.ca/parks) or call 416-392-1111.

## **TORONTO FUN GUIDE**

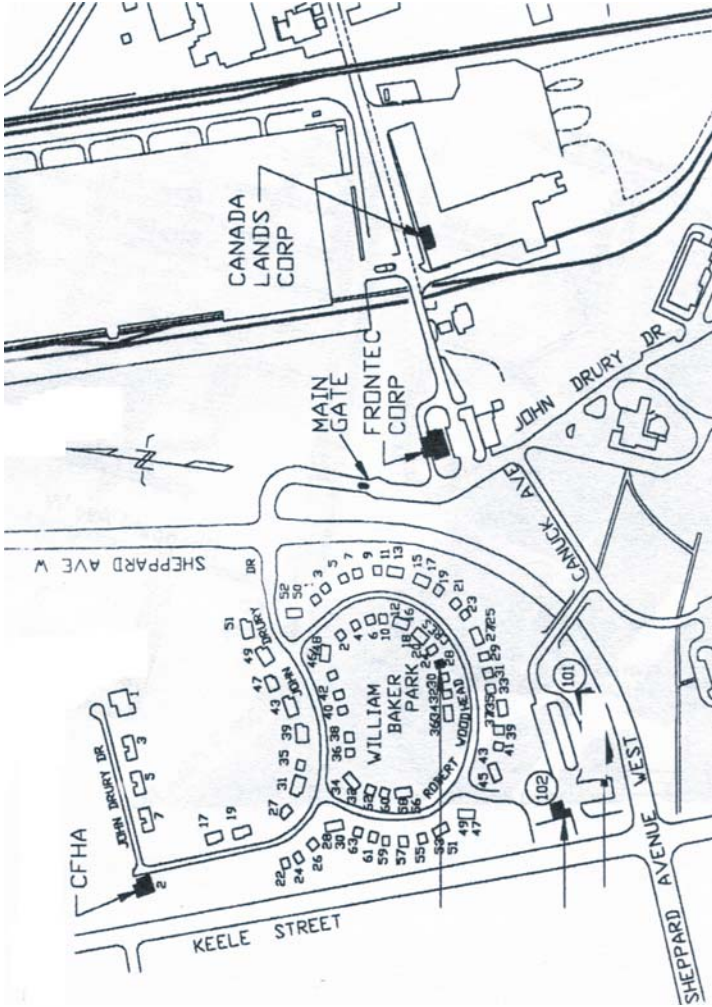
The Toronto FUN Guides, published twice a year, list the City's affordable Parks, Forestry and Recreation programs for children and adults. The guides are produced according to district (North York, Toronto & East York, Scarborough and Etobicoke/York). They are available at community centres, civic centres, libraries, City Hall and online at [www.toronto.ca/parks/torontofun](http://www.toronto.ca/parks/torontofun).

## USEFUL MAPS

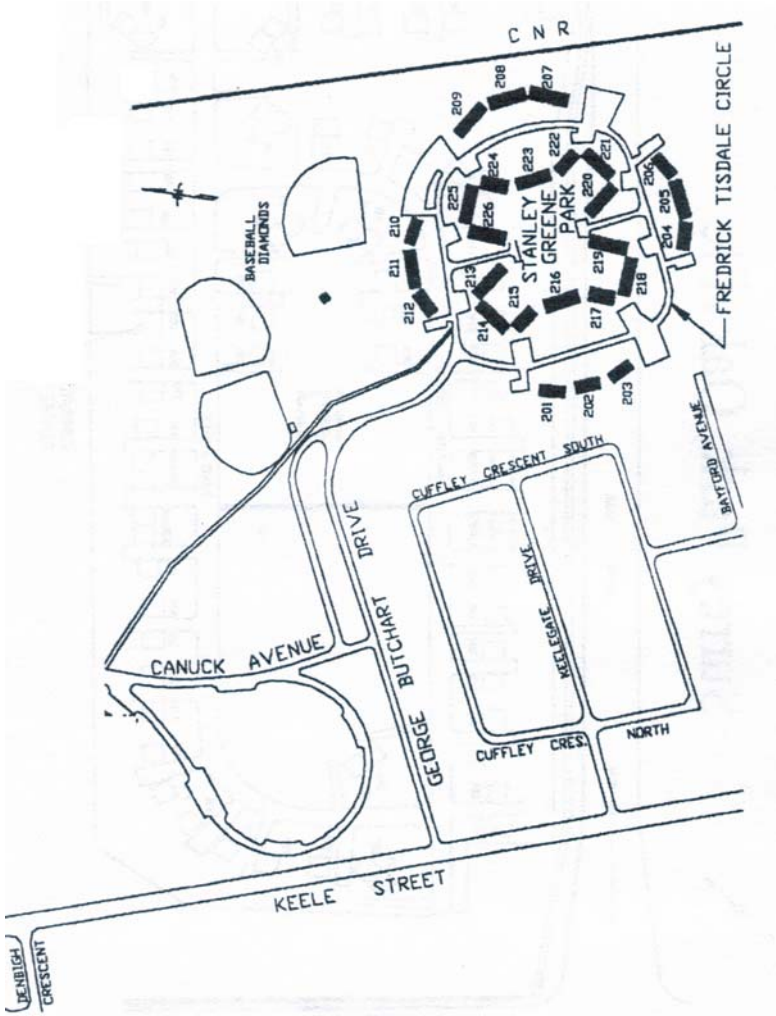
### TORONTO MILITARY FAMILY RESOURCE CENTRE



# WILLIAM BAKER PARK, TORONTO



# STANLEY GREENE PARK, TORONTO



# SURREY PARK, OAKVILLE

