# OLD TIMER'S HOCKEY

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# **CHAPTER 14 - OLD TIMER'S HOCKEY**

#### 1. TEAM COMPOSITION

- 1.1. A team shall be composed of a minimum of fifteen (15) participants and a maximum of twenty (20) participants. One (1) additional spot may be awarded to teams with a qualified coach to a maximum of twenty-one (21) participants.
- 1.2. All teams must have one (1) fully dressed goalie. In the event of an injury, teams will have fifteen (15) minutes to dress another goalie.
- 1.3. The regional team shall be declared champion at the CAF Regional Championship.
- 1.4. The regional team may augment three (3) players from another B/W/U within the region who have the approval of their Commanding Officer.
- 1.5. A player must be forty (40) years of age or older as of first (1<sup>st</sup>) January of the CAF National Old Timer's Hockey championship year. The coach or manager may be under forty (40) years of age but in that circumstance shall not play.
- 1.6. Additionally, each team will be allowed three (3) under-age players (forward/defence) aged 37 years or older. In addition, teams will be allowed to use goalies aged 35 years old or older. For both instances, the age of the player as of the first (1<sup>st</sup>) January of the CAF National Old Timer's Hockey Championship year is used to determine eligibility.
- 1.7. When a team uses a goalie who is 35 or 36 years of age during a Championship, under NO circumstances shall that individual participate other than as a goalie.
- 1.8. When a team uses a goalie 37, 38 or 39 year of age during a Championship, under NO circumstances shall that individual participate as a player (forward/defence) if the team already has three (3) under-aged players on the team roster for that Championship, including if one of the under-aged player (forward/defence) is injured or suspended during the Championship.

#### 2. OFFICIALS

- 2.1. The four (4) official system shall be used throughout the entire championship when feasible.
- 2.2. Minor and/or off ice officials will be used as, timekeepers, and scorekeepers throughout the championship as required by the host base.

## 3. RULES

- 3.1. Play shall be conducted in accordance with the current rules of <u>Hockey Canada</u> including the following amendments.
- 3.2. This paragraph relates to the game format and the use of "continuous run time" for the CAF National Old-Timer's Hockey Championship where:
  - a. Should the goal difference between teams be of seven (7) goals or more in the third period in any tournament game, the remainder of that game shall be played as "continuous run time." Play will not return to "stop time" should the score differential again become six (6) goals or less;

- "continuous run time" will commence on the ensuing face-off following the scoring of the goal which created the seven (7) goal differential;
- b. During continuous run time, minor penalties will be three (3) minutes and major penalties will be seven (7) minutes in duration.
  - Time penalties start when play resumes and if a penalty ends during a stoppage of play, the penalized player cannot return to the ice until play resumes;
  - Any player serving a penalty which was assessed during "stop time" and would continue serving the penalty after the stoppage where the differential of seven (7) goals or more shall not have any additional time added to the penalty time; and
  - In the event a player is <u>serving</u> a double minor at the time the seven (7) goal differential is reached, the first minor penalty will be cancelled by the scoring of the goal, the second minor shall be served as a three (3) minute penalty.
- 3.3. The CAF Hockey Championship will follow:
  - a. A team that commits an icing violation will not be permitted to make any player substitutions prior to the ensuing face-off, with the following exceptions:
    - To replace a Goaltender that has been substituted for an extra attacker
    - To replace an injured player
    - when a penalty or penalties have been assessed to either team, a change of players will be permitted; and
  - b. Rule 7.7 Head Contact Junior A/Senior Hockey.
- 3.4. Under exceptional circumstances, the Hosting Manager in consultation with the Chief Officials and the concerned teams can delay the start of a game/period to allow ice conditions to settle properly.

## 4. SUSPENSION

4.1. The minimum suspensions listed below will be applied when the following infractions occur during a Championship;

Rule	Description	Minimum of
2.2c	Ineligible player – team officials	1 <sup>st</sup> offence - 5 games
		2 <sup>nd</sup> offence - Indefinite
4.7c	Any player who is assessed a second 10 minute Misconduct	Game Misconduct
	in the same game shall automatically be assessed a Game	
	Misconduct penalty	
4.8c	Game Misconduct – Last 10 minutes	1 <sup>st</sup> offence – 1 game
		2 <sup>nd</sup> offence – 2 games
		3 <sup>rd</sup> offence – 4 games
7.1c	Match Penalty – Deliberate attempt to injure or deliberately	1 <sup>st</sup> offence – 3 games
	injuries an opponent in any manner	2 <sup>nd</sup> offence – 6 games
		3 <sup>rd</sup> offence – Indefinite
7.5b	Checking from behind (when a major penalty and game	1 <sup>st</sup> offence – 2 game
	misconduct is assessed)	2 <sup>nd</sup> offence – 4 games
		3 <sup>rd</sup> offence – Indefinite

7.7b	Checking to the Head/Head Contact (when a major penalty	1 <sup>st</sup> offence – 1 game
	and game misconduct is assessed)	2 <sup>nd</sup> offence – 2 games
		3 <sup>rd</sup> offence – Indefinite
10.8	Refusing to start play – team officials	Indefinite pending review
Various	Where a Major Penalty and Game Misconduct are assessed	1 <sup>st</sup> offence – 1 game
	for an infraction not listed above including but not limited to:	2 <sup>nd</sup> offence – 2 games
	high sticking, slashing, etc.	3 <sup>rd</sup> offence – Indefinite
Fighting		
10.b	Any player assessed a Major Penalty and game misconduct	1 <sup>st</sup> offence – 2 games
	for fighting	2 <sup>nd</sup> offence - 4 games
		3 <sup>rd</sup> offence – Indefinite
7.11	Instigator/Aggressor	1 <sup>st</sup> offence – 1 game
		2 <sup>nd</sup> offence – 2 games
		3 <sup>rd</sup> offence – Indefinite
7.10e	Third and subsequent player(s) into a fight	1 <sup>st</sup> offence – 2 games
		2 <sup>nd</sup> offence – 4 games
		3 <sup>rd</sup> offence – Indefinite
7.10e	2 <sup>nd</sup> Flight, same stoppage of play (3 <sup>rd</sup> , 4 <sup>th</sup> , etc.)	1 <sup>st</sup> offence – 3 games
	_ · ··g····, - ···· - · · · · · · · · · · · · ·	$2^{nd}$ offence – 6 games
		3 <sup>rd</sup> offence – Indefinite
10.4	Any player (or coach) identified as the first to leave the	1 <sup>st</sup> offence – 5 games
-	player's or penalty bench during a fight	2 <sup>nd</sup> offence – Indefinite
10.4	Any player identified leaving the player's or penalty bench	1 <sup>st</sup> offence – 7 games
	during a fight	2 <sup>nd</sup> offence – Indefinite
10.4	Any coach whose player leaves the player's / penalty bench,	1 <sup>st</sup> offence – 1 game
	but not identified as the first player to leave the player's /	2 <sup>nd</sup> offence – 2 games
	penalty bench during an on-ice altercation	3 <sup>rd</sup> offence – Indefinite
Pre/Post Ga	me Altercations	
10.4	Coach of a team whose player leaves bench under Rule 10.4	1 <sup>st</sup> offence – 1 game
		2 <sup>nd</sup> offence – 2 games
		3 <sup>rd</sup> offence – Indefinite
4.1a	Any team involved in a pre/post game brawl	Indefinite pending review
4.7, 6.7	Any player or coach involved where a major and a game	Indefinite pending review
,	misconduct penalties are assessed	
Maltreatmer		
		1 <sup>st</sup> offence – 2 games
11.2e	Game Misconduct – Verbal abuse of an official	$2^{nd}$ offence – 4 games
		3 <sup>rd</sup> offence – Indefinite
		1 <sup>st</sup> offence – 2 games
11.2f	Gross Misconduct – Travesty of the Game – Player	2 <sup>nd</sup> offence – 4 games
		$3^{rd}$ offence – indefinite
11.4	Gross Misconduct – Discriminatory Grounds (Harassment)	Indefinite pending review
11.5c	Match Penalty – Physical harassment of officials	Indefinite pending review
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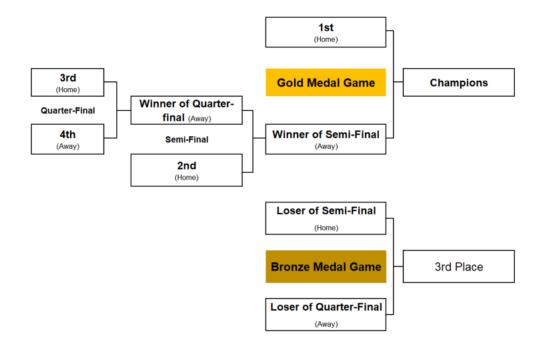
4.2. Reference <u>Chapter 5 – Suspensions</u>, for infractions that may be applied to any sport.

#### 5. CHAMPIONSHIP FORMAT

- 5.1. All games will be three (3) x 15 minute stop time periods with ice resurfacing between periods.
- 5.2. Teams will be permitted one (1) x 30 second time-out per game.
- 5.3. There will be a twelve (12) minute warm-up prior to each game. At the 2:00 mark of the warm-up, the horn will sound and teams have 2:00 to collect all pucks and vacate the ice. Should any pucks or players remain on the ice at 0:00, the responsible team will receive a minor penalty for Delay of Game.
- 5.4. The CAF Championship shall be conducted as a single round-robin tournament, followed by a single elimination playoff. Points will be awarded as follows during Round Robin play;
  - a. Two (2) points for a win (regulation or overtime/shootout);
  - b. One (1) point for overtime/shootout loss; and
  - c. Zero (0) points for a regulation loss.
- 5.5. Should a tie exist following regulation time:
  - a. In round robin play, an overtime/shootout shall be conducted immediately following the game to determine the winner of the game. Points shall be awarded as per <u>para</u> <u>5.4</u>.
    - i The overtime shall be conducted as follows;
    - ii Teams will remain at the same end and play a five (5) minute sudden victory overtime period (3 on 3 plus goalies no flood);
    - iii If the game is still tied following the overtime period, a shootout shall be conducted as follows;
      - The teams shall identify three (3) players in full game uniform to the referee in the order that they shall shoot and;
      - The players will take alternating shots at the opposing goalkeeper, one (1) shot by each player to a total of three (3) shots for each teams; and
      - If a tie still remains after the first three (3) shooters, a sudden victory will occur. All players on the roster/eligibility list (excluding goalies) must shoot before the original three-shooters/any player can shoot for a second time.

- b. Ties in the playoff round will be broken as follows:
  - i Teams will be given a two (2) minute break, remain at the same end, and play a ten (10) minute sudden victory overtime period (5 on 5 plus goalies no flood);
  - ii If a tie remains, the ice will be cleaned, teams will change ends and a twenty (20) minute sudden victory overtime period will be played; and
  - iii If a tie still remains, item <u>5.5.b. ii.</u> format will continue until a goal is scored.
- 5.6. Upon completion of the round-robin, the quarter-final will have the third (3<sup>rd</sup>) place team and fourth (4<sup>th</sup>) place team play, the winner will move to the semi-final. The semi-final will have the second (2<sup>nd</sup>) place team and winner of quarter-final, with winner moving into Gold Medal game. The Bronze Medal game will consist of loser of the quarter-final and loser of the semi-final. The Gold Medal will be the first (1<sup>st</sup>) place team and the winner of the semi-final.

\*Note: the 1<sup>st</sup> place team will have a practice scheduled on days they do not play.



## 6. TIE-BREAKING PROCEDURES

- 6.1. Ties in the final round-robin standing that affect advancement to the semi-finals shall be broken as follows:
  - a. If two (2) teams are tied, the winner of the game played between the two (2) teams during the round-robin play, <u>including the results from a shoot-out</u>, shall advance to and/or be awarded the higher position, among the tied teams, in the semi-finals;
  - b. If three (3) or more teams are tied, the team with the best win/loss record, in the round-robin games played between the tied teams, <u>including the results from a shootout</u>, shall advance to and/or be awarded the higher position, among the tied teams, in the semi-finals;
  - c. If a tie remains, each team's total goals scored in the round robin games between the concerned tied teams shall be divided by their total goals against, <u>excluding</u> <u>goals scored or surrendered during shootouts</u>. The team with the highest quotient shall be awarded the higher position, among the tied teams; and
  - d. If a tie still remains, each team's total goals scored shall be divided by total goals against during the entire round-robin tournament, <u>excluding goals scored or</u> <u>surrendered during shootouts</u>. The team with the highest quotient shall be awarded the higher position, among the tied teams.

## 7. EQUIPMENT

- 7.1. The official puck of the championship shall be the Viceroy Puck.
- 7.2. All member's must wear the following equipment listed in the table below:

MANDATORY			RECOMMENDED		
Pla	Players				
•	CSA approved helmet and full face protector (sticker must be present) which must be properly attached and <u>not</u> altered in anyway;	•	Mouth guard		
•	Skates;				
•	Elbow pads;				
•	Shin guards;				
•	Padded hockey pants;				
•	Hockey gloves;				
•	Shoulder pads;				
•	Protective athletic cup; and				
•	BNQ throat protector;				
Goalkeepers					
•	CSA approved mask (sticker must be present) with attached	-	Mouth guard		
	plastic throat guard. Goalkeeper 'cat's eye' masks are <u>not</u>				
	authorized;				
•	Chest protector;				
•	Arm protector;				
•	Elbow protector;				
•	Shoulder protector;				
-	Blocker;				
-	Goalie leg pads and pants;				

-	Protective athletic cup;		
•	<ul> <li>Goalie gloves;</li> </ul>		
<ul> <li>Goalie skates; and</li> </ul>			
•	BNQ approved throat protector		
Officials			
•	CSA approved helmet with a minimum half visor;	-	Mouth guard; and
•	BNQ certified neck guards; and	•	Protective athletic cup
•	Skates		

7.3. Any physical alterations to protective equipment are prohibited.

## 8. AWARDS

- 8.1. At the end of each National Championship game, the Jury of Appeal will select two (2) game MVP's, one (1) from each team.
- 8.2. The winning team shall be awarded a banner and a trophy. Individual medals shall be presented to the members of the winning and runner-up teams.
- 8.3. At the end of the Regional/National Championship, the Jury of Appeal will select a Tournament MVP.
- 8.4. At the end of the National Championship, each team will select a Team MVP.
- 8.5. At the end of the National Championship, each team will nominate a player that has exhibited the highest level of sportsmanship including ethical & responsible behaviour, fair play, integrity and respect combined with a high standard of playing ability. The Jury of Appeal and/or Chief Official will select the recipient based on the nominations brought forward.

Awards / Recognition	Quantity	Nationals	Regionals
Trophy	1	✓	TBD by regional constitution
Championship Banner	1	$\checkmark$	TBD by regional constitution
Gold Medals	21	$\checkmark$	$\checkmark$
Silver Medals	21	$\checkmark$	$\checkmark$
Bronze Medals	21	$\checkmark$	TBD by regional constitution
Tournament MVP	1	✓	$\checkmark$
Team MVP	4	✓	n/a
Game MVP	2 / game	✓	TBD by regional constitution
Sportsmanship	1	✓	TBD by regional constitution
Officials	10	✓	TBD by regional constitution
Trainers	3	$\checkmark$	TBD by regional constitution
Jury of Appeal	3	$\checkmark$	TBD by regional constitution
VIP's / Patrons	1	$\checkmark$	TBD by regional constitution

8.6. See awards breakdown in the table below;